



Provide Upper Body Massage with & without Oil (BT)

Training hours : 109 hours

Course fees : \$1450 (exclusive of GST)

Certification : National Skill Recognition System (NSRS)

Subsidy : Up to 90% subsidy available

Course content:

- Introduction to massage
- Ethics
- Contraindications
- Basic Anatomy
- Customer Service
- Ambience, Preparation, Hygiene, Safety, Aromatherapy
Performing upper body massage with and without oil –
sequence and techniques

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